

# Goldbeaters Reception



## Parent's guide to the Early Years Foundation Stage

This guide outlines the different areas of learning in the Foundation Stage curriculum as well as suggesting some ideas for you to help your child at home.

**MOST IMPORTANTLY YOU SHOULD HAVE FUN AND PLAY TOGETHER!!!!**

If you have any questions do not hesitate to ask one of our Foundation Stage Team.



**This area of learning relates to how your child:**

Interacts with others,

Deals with their emotions,

Looks after their personal hygiene,

Views their behaviour and it's consequences.



## **Activities at Home**



Play games to encourage sharing and turn taking

Talk about how things make both you and your child feel

Encourage your child to wash their hands after going to the toilet

Encourage your child to have a go at dressing themselves

When your child does something they shouldn't have, encourage to child to think about what they did and why it was wrong

**See the picture sheet for more ideas!**



Personal,  
Social,  
Emotional  
Development





**This area of learning relates to how your child:**

Talks and listens to others,

Explores books,

Makes up stories and retells them,

Learns phonemes to enable them to read by decoding texts.



## **Activities at Home**



Read stories

Talk about the story—what was your favourite, least favourite part and why

Act out the story for others in your family to watch

Chat, talk, speak to, whisper, sing with your child

Come to our phonics for parents and carers session so you can practise phonics with your child.

**See the picture sheet for more ideas!**



**Communication,  
Language and  
Literacy  
Development**



## This area of learning relates to how your child:

Solves problems using their own ideas and by working with others,

Singing number rhymes and counting  
(in 1's, 2's and 5's),

Exploring patterns and shapes.



## Activities at Home



Play board games like snakes and ladders to practise counting

Make a game out of sock sorting after doing the washing. Talk about the patterns you see.

Ask your child when you have a problem  
e.g. I only have 2 apples but there are 4 of us.  
What shall we do?

Sing some number rhymes e.g.  
1, 2, 3, 4, 5 once I caught a fish alive

See the picture sheet for more ideas!





## This area of learning relates to how your child:

Explores the world around them,

Uses computers, phones, calculators, MP3s, stereos, TVs and other electrical equipment,

Enjoys and participates in festivals relating to their own and other cultures.



## Activities at Home



Talk to your child about your family, culture, religion, where you live

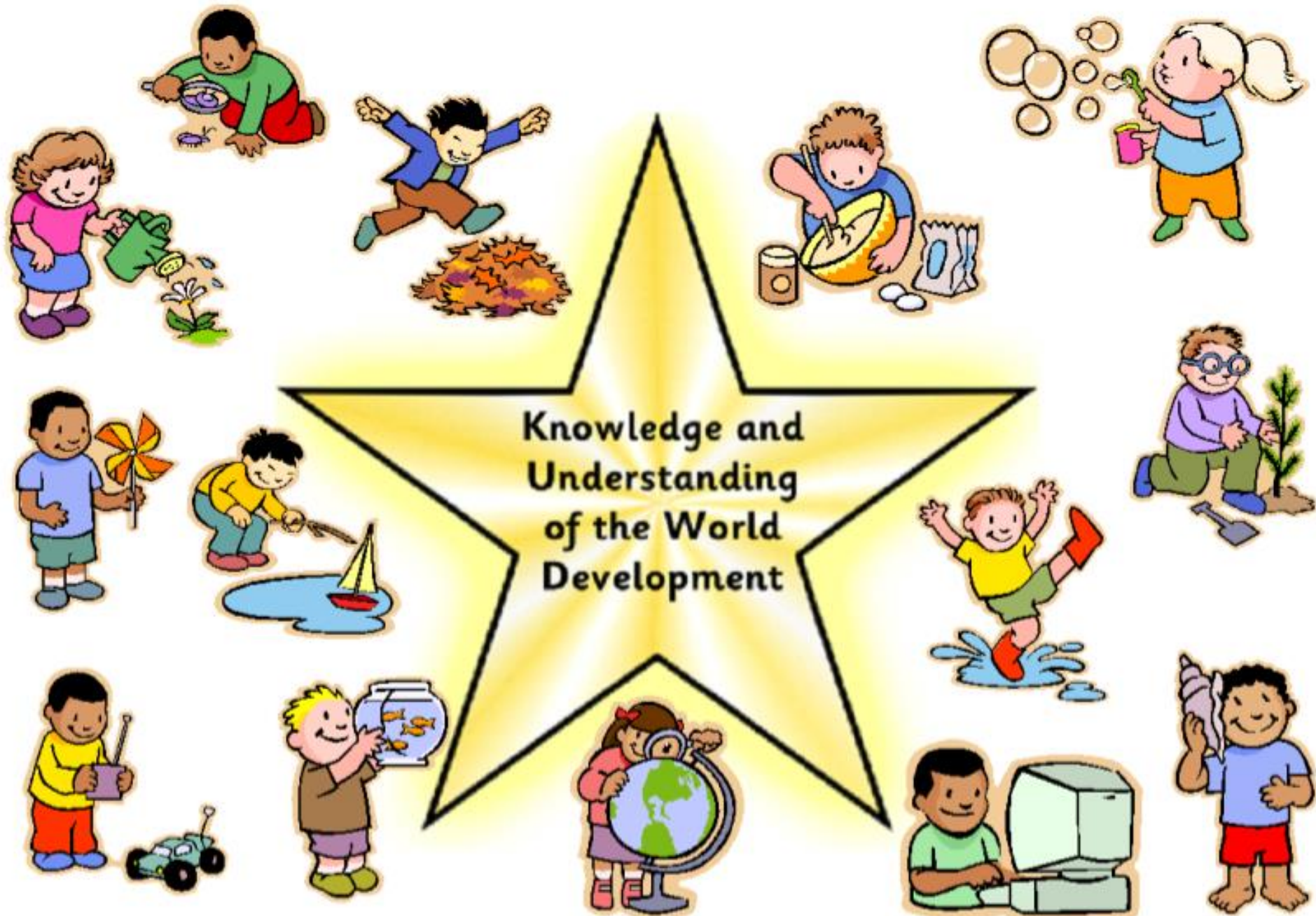
Talk about what you see, hear, smell, taste and touch

Ask your child what buttons they think you should press and why when using electrical equipment

Look at similarities and differences when walking or on the bus or tube

See the picture sheet for more ideas!





Knowledge and  
Understanding  
of the World  
Development



## This area of learning relates to how your child:

Moves using large scale movements; running, jumping, climbing,

Manipulates objects using small scale movements; cutting, drawing, threading,

Looks after their own health and hygiene.

Handles toys and equipment safely and sensibly



## Activities at Home



Play ball games

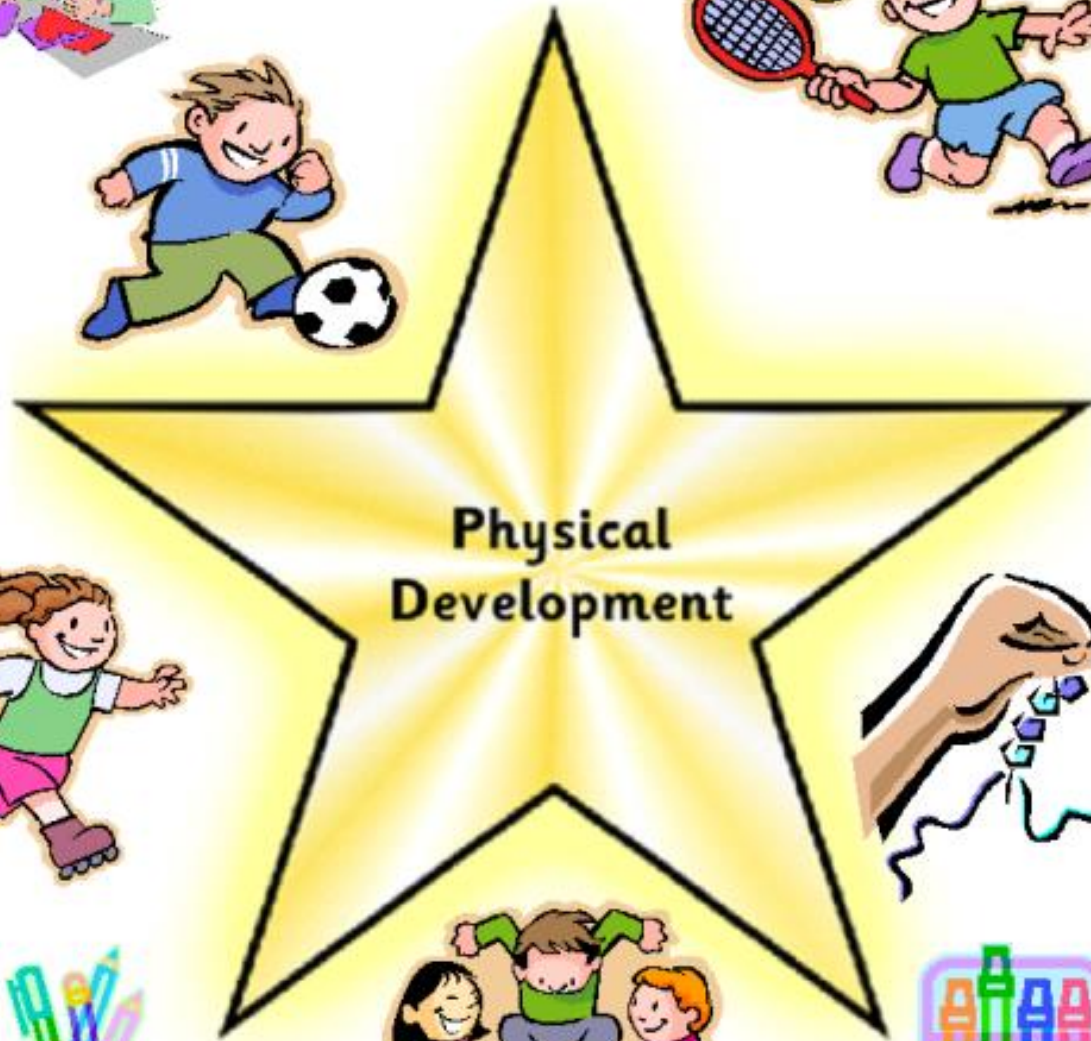
Take a trip to the park so your child can run, climb and jump

Talk about how your body feels after running and jumping (how and sweaty?)

Feeling messy? Make some playdough (we can give you a recipe!)

Take a pot of water and a paintbrush outside so your child can "Paint" the pavement, fence or shed

See the picture sheet for more ideas!



Physical  
Development





## This area of learning relates to how your child:

Enjoys messy activities, exploring what happens,

Pretends and role plays things they have seen and experienced,

Participates in musical and dance activities

Talks about models they have made and the reasons behind different parts of the model.



## Activities at Home



Let your child help you when you are tidying-up

Be prepared for your child to become Mr, Miss or Mrs in a game of teachers. Or maybe you'll become a passenger on your child's train, bus or aeroplane.

Make some shakers using pots and some dried pasta or lentils

Use your boxes to make a model—you'll be surprised what your child will turn it in to!

Keep your old clothes, shoes, hats, gloves to make an exciting box of dressing up clothes.

See the picture sheet for more ideas!

