

Week 1

2022: 22nd Aug, 12th Sept, 3rd Oct, 24th Oct, 14th Nov, 5th Dec, 26th Dec
 2023: 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd Jul, 24th Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margarita Pizza	Savory Mince	Roast Loin of Pork, Apple Sauce & Gravy	Sticky Chicken	Fish Fingers or Salmon Fish
Option 2	Vegetable Supreme Pizza	Spiced Bean Tagine (V, VG)	Quorn Fricassee (V, VG)	Cheese Flan	Quorn Dippers (V,
CARBS	Pasta in Tomato Sauce Vegetable Rice	Mashed Potato Jewelled Cous Cous	Potato & Carrot Mash ½ Jacket Potato	Herb Jacket Wedges Fluffy Rice	Chips Minted Potatoes
VEGETABLES	Appleslaw Carrots	Green Beans Sweetcorn	Roasted Medley of Seasonal Vegetables Green Beans	Cabbage Broccoli	Baked Beans Peas
AVAILABLE ON ALL DAYS		MIXED SALAD SELECTION	ASSORTED BREADS		FRESH FRUIT PLATTER/YOGHURT
DESSERTS	Strawberry Whip	Pear & Chocolate Sponge	Shortbread Biscuit	Oatie Cookie	Vanilla Ice Cream

Week 2

2022: 29th Aug, 19th Sep, 10th Oct, 31st Oct, 21st Nov, 12th Dec
 2023: 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th Jul, 31st Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Margarita Pizza	Farm Assured Pork Sausages in Gravy	Roast Chicken, Stuffing & Gravy	BBQ Chicken Wrap	Battered Fish
Option 2	Chinese Vegetable Stir Fry (V, VG)	Homity Pie	Vegetarian Bolognese (V,	Quorn & Vegetable Paella (V, VG)	Vegetable Fingers (V,
CARBS	Fluffy Rice Herb Jacket Wedges	Mashed Potatoes	Parsley Potatoes Pasta	Garlic Bread Potatoes in Skins	Chips ½ Jacket Potato
VEGETABLES	Medley of Seasonal Vegetables Carrots	Sweetcorn Peas	Green Beans Roasted Medley of Seasonal Vegetables	Carrots Broccoli	Baked Beans Peas
AVAILABLE ON ALL DAYS		MIXED SALAD SELECTION	ASSORTED BREADS		FRESH FRUIT PLATTER/YOGHURT
DESSERTS	Banana Cake	Carrot Cake Muffin	Chocolate Mousse	Orange Jelly with Mandarins	Strawberry Ice

Week 3

2022: 5th Sep, 26th Sep, 17th Oct, 7th Nov, 28th Nov, 19th Dec
 2023: 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24th Apr, 15th May, 5th Jun, 26th Jun, 17th Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Meatballs in Tomato Sauce	Turkey Bolognese	Roast Chicken, Apricot Stuffing & Gravy	Garlic Mushroom & Sweetcorn Pizza	Fish Fingers or Salmon Fish
Option 2	Vegetable Jambalaya (V, VG)	Vegetable Bolognese(V)	Vegetable Cottage Pie (V, VG)	Sweetcorn Pizza	Vegetable Nuggets (V, VG)
CARBS	Pasta Fluffy Rice	Spaghetti Garlic Bread	Roast Potatoes Swede & Potato Mash	Jewelled Cous Cous ½ Jacket Potato	Chips Fluffy Rice
VEGETABLES	Green Beans Cabbage	Broccoli Sweetcorn	Carrots Cauliflower	Medley of Vegetables Green Beans	Baked Beans Peas
AVAILABLE ON ALL DAYS		MIXED SALAD SELECTION	ASSORTED BREADS		FRESH FRUIT PLATTER/YOGHURT
DESSERTS	Apple Sponge & Custard	Cornflake Tart	Peach Melba Traybake	Seasonal Fruit Crumble & Custard	Chocolate Ice Cream