



# Wrap Around Care Menu

**Breakfast** – *Selection of Healthy cereals, Toast with butter or jam, fruit, porridge (winter)*

**3:15pm – 4:30pm** – *selection of crudites (fruit, vegetables, raisins), breadsticks, crackers.*

## Week 1

**Monday** - *Ham and cheese or cheese and tomato sandwiches*

**Tuesday** - *Beans on toast or cheese on toast*

**Wednesday** - *Chicken and lettuce wrap or chicken and tomato wrap*

**Thursday** – *Hot dogs*

**Friday** – *Ham and cucumber or cheese and cucumber sandwiches*

## Week 2

**Monday** - *Beans on toast or cheese on toast*

**Tuesday** - *Ham and cheese or cheese and tomato sandwiches*

**Wednesday** – *Spaghetti on toast or cheese on toast*

**Thursday** – *Chicken and lettuce wrap or chicken and tomato wrap*

**Friday** – *Hot dogs*

*An optional pudding of fromage frais, fruit or a rich tea biscuit will be provided.*